

ACTIVITY REPORT 2019-2020

**MALAWI
RELIEF
FUNDUK**
Striving to relieve poverty
UK Charity Reg No.
1119600



CHAIRMAN'S FORWARD

It gives us great pleasure to introduce Malawi Relief Funds' Activity Report 2020. The report gives our supporters and donors a snapshot of the programmes delivered over the past twelve months as well as an insight into our future plans.

2019-2020 represented another period of significant progress continuing with our capital programmes including low-cost housing development, community hubs, water wells and bore holes, and range of empowerment programmes.

Our focus is to improve access to education, health care, and clean water to relieve poverty by building capacity and empowerment to improve livelihood opportunities and improving living conditions.

Our team on the ground have a good understanding of the local conditions which has been vital in enabling us to confidently develop and deliver innovative programmes to meet local needs.

Our strong partnerships and working arrangements with local delivery partner has enabled us to increase our capacity and deliver the various programmes efficiently and effectively on your behalf.

We are pleased that MRF is now registered as an NGO in Malawi and we have established a local office which provides administration support, co-ordination and management of our delivery plan.

We continue to be amazed at the fantastic support and commitment of our donors, supporters and volunteers to help the poor and needy in Malawi. We extend our appreciation and gratitude to all of them.

Finally, we would not be able to deliver our programme without your generous support and donations.

Mr. Faruk Bharucha
Chairman



ABOUT MALAWI

Malawi still remains one of the poorest countries, ranking 173rd out of 182 countries

- 80% living in rural areas and relying on small scale household farming
- 75% of Malawians live on less than £1 per day
- Only 9% of the population have electricity
- 1 in 5 children die before the age of 5
- 1 in 7 women die at child birth
- Over 1 million orphans
- Malawi has the 2nd fastest growing population in the world, currently around 18.5 million
- 95% of the population are young or elderly dependents, and the average age is 16yrs old
- 1 in 3 don't have access to clean water



ACCESS TO CLEAN WATER

During the year MRF continued to improve access to clean water and sanitation providing water and saving lives.

Over 2.4 million people in rural areas do not have access to clean and safe water.

Many travel 30 minutes daily to nearest water point. Otherwise they have to survive on unclean water.

Diarrhoeal diseases are the second biggest killer of children under 5 in Malawi and approximately 30,000 people die every year linked to dirty water, namely diarrhoea, dysentery.

HELP IMPROVE ACCESS TO CLEAN WATER

Provided access to clean water to approx. 10,000 people.

Water Well: £400

Shallow well Hand Pump: £700

Deep Bore Hole £2,600

OR donate any amount to the Clean Water Project

Lillah only



Restoring vision for a better life

MRF is committed to improving access to healthcare.

Malawi has one of the highest levels of preventable blindness with over 160,000 people having low vision due to cataracts.

Access to this, simple low-cost, and life changing surgery is often unaffordable and out of reach for many Malawians.

This has been a fantastic year delivering almost 7,300 operations.

The Gift of Sight programme targets people in rural areas where there are no hospitals providing cataract operations free of cost.

HELP TO GIVE THE GIFT OF SIGHT

MRF completed over 7,300 cataract operations last year.

Cost per Operation £35

Lillah, Sadaqah or Zakat



MAKING HEALTH-CARE ACCESSIBLE

Access to Health Care and Treatment Clinic and Maternity Unit

Primary Health care in Malawi is free for all at the point of delivery. However there is an acute shortage of practitioners, doctors and resources to meet the country's needs.

MRF are providing bursaries to 52 students at various universities to help build the capacity in the health sector

Access to health care is also a key issue. MRF provides bursaries to help with complex health care treatment.

Maternal mortality and neonatal mortality in Malawi are still among the highest in Africa and in the world.

We have drawn up plans for our new health centre to include a health clinic, a maternity clinic, as well as dentistry and optometry unit.

It is anticipated this will significantly improve access to primary health care antenatal, perinatal and postnatal care, and offer much needed additional support for pregnant women at risk to reduce mortality rates and death rates amongst mothers giving birth.

HELP SAVE A LIFE

Support the treatment cost donate any amount

Lillah, Sadaqah or Zakat



RURAL AMBULANCES

Making Health-care Accessible

The remote areas have perennial problems of impassable muddy roads and difficult terrain that is inaccessible by motor vehicle. Many clinics are 5 to 20 KM away.

This makes it challenging to transport the sick, elderly, children and expecting mothers as the hospitals / clinics. Most have to walk and many are unable to make the journey and unfortunately, lose their lives.

The rural bicycle ambulance is a low cost solution to access healthcare that can help save a life.

HELP TRANSPORT THE SICK, ELDERLY, AND CHILDREN TO ACCESS MEDICAL TREATMENT

MRF distributed 20 Rural Bicycle Ambulances

Cost £250

Lillah only



TRICYCLE & WHEELCHAIRS

Improving Mobility, For People With Disability

The aim of the project is to alleviate poverty and improve the life of those suffering from immobility due to their disability.

The tricycles allows:

- Children to attend school,
- Adults to go to work or complete their studies
- Promotes independence
- Improve their self-esteem and confidence

HELP PEOPLE WITH DISABILITY TO LIVE INDEPENDENTLY WITH DIGNITY AND HOPE

MRF distributed 30 Tricycle / Wheelchairs
Cost £175

Sadaqah, Zakat & Lillah can be given



WINTER WARMTH

Keeping People Warm and Safe In Winter

A majority of the people living in rural areas live in poor housing and have little protection against the elements. Most can't afford to keep warm in the winter months and a blanket is a luxury they can only dream off.

The winter warmth programme also provides blankets to some hospitals to help look after the sick.

HELP KEEP PEOPLE WARM

This year MRF provided 10,000 blankets

Cost £5

Sadaqah, Zakat & Lillah can be given



Transforming Lives through Graduate Scholarships

At less than one percent, Malawi's tertiary education enrolment rate is among the lowest in the world which has a direct impact on the development of the country.

MRF's TALHA Scholarship Fund provided scholarships to 226 students on a range of degree programmes in the various universities.

The beneficiaries have also signed up to volunteer programme during the holiday period to help make a difference to the poor and needy.

Once graduated the beneficiaries will be able to secure high grade jobs and sustain their families. It will improve their quality of life.

HELP CHANGE A LIFE BY PROVIDING A GOOD EDUCATION

Cost: £1,000 per student per annum
(University)

Sadaqah, Zakat & Lillah can be given



TEACHER TRAINING

Pushing Improvement In Education Attainment

Primary Education is free in Malawi; however, there is an acute shortage of primary school teachers, classrooms and resources.

Working in partnership with Maryam Girls Teacher Training College we have, for very many years, sponsored 100 students every year on this two year programme. Most of the students are from poor backgrounds who would otherwise struggle to afford the fees and complete their studies.

Once they qualify as teachers, all of them secure meaningful employment as primary School Teachers in government schools.

HELP TO CREATE TEACHERS TO EDUCATE THE NATION

100 Students Sponsored every year

Cost: £400 per year

Sadaqah, Zakat & Lillah can be given



Give Children the Good Start They Deserve

All children deserve a good start to ensure they can fulfil their potential.

Having piloted the nursery programme this year we are set a vision to start 20 new nurseries which will provide a good quality education. Our aim is to prepare the children for primary school as well as support their intellectual, emotional and spiritual development.

HELP GIVE A CHILD A GOOD START IN LIFE.

Cost: £30 per child for the year

Sadaqah, Zakat & Lillah can be given



SPONSOR A STUDENT

Creating Brighter Futures for Secondary School Students

The costs of secondary school fees exclude all but the wealthiest Malawians from secondary Education. This has a significant impact on the economy and life choices of very many young people.

Our school scholarship programme covers the cost of secondary school fees, textbooks, uniforms, and transportation and where required, boarding costs. Our programme will help 300 children in secondary education.

Help to give children the chance they deserve

HELP EDUCATE A CHILD

Cost: £200 per student/annum

Sadaqah, Zakat & Lillah can be given



EDUCATION BLOCK & LIBRARY

Creating Brighter Futures

MRF have supported the development of a Learning Block, Admin Block and Library at Al-Mahmood.

The development provides first class learning space for students as well as the First Islamic Library in the Country providing much needed resource and referencing material.

EMPOWERING STUDENTS TO LEARN



VOCATION TRAINING PROGRAMME

Equipping Students With Construction Skills Ready For Employment

The Vocational Training Centre offers students apprenticeship in key construction skills, carpentry, joinery, bricklaying and plumbing. The students are also provided placement opportunities in industry

The objective of this programme is to;

- Equip young men and women with the technical and vocational skills and knowledge to promote self-reliance and break the cycle of poverty and
- To improve their chances of securing employment or start their own small-scale business.

HELP EQUIP STUDENTS WITH TRADE SKILLS

Cost: £285 per student for 1 level

Sadaqah, Zakat & Lillah can be given



Empowering Women

The Women development programmes supports women, mainly widows, to develop tailoring skills, and receive basic education including child care and social life skills.

The aim is to help equip them with the skills to be able to generate an income and sustain their families.

The tailoring programme is delivered in a number of centres in remote areas to make it accessible.

On completion of the programme, all participants receive a sewing machine and starter kit which allows them to return home and earn a livelihood or secure employment in local nurseries.

HELP EMPOWER WOMEN AND PROMOTE SELF-RELIANCE

This year we supported 200 women with sewing machines

Cost: £150

Sadaqah, Zakat & Lillah can be given



FARMERS PACKS

Workings towards food security.

Small household farmers are provided with fertilizers and in some cases also seeds to encourage them to harvest crop, which ensures a sustainable food supply for the year thereby reducing their reliance on aid.

Winter Cropping:

Our Building Resilience Programme aims to encourage small household farmers to change their farming patterns and, where possible, plant an additional winter crop to promote and stimulate self-sufficiency and supplement the main harvest.

HELP TACKLE FOOD INSECURITY AND PROMOTE SELF-RELIANCE

This year we supported 9,500 small hold farmers.

Cost: £25

Sadaqah, Zakat & Lillah can be given



GOODS BICYCLE PROJECT

Enabling Economic Empowerment

The programme provides a kick start to individuals by providing an adapted passenger bicycle which enable the individual to earn a living by transporting goods or by using it to transport goods which they sell at the local market.

**HELP PROVIDE A FAMILY WITH RELIABLE
SOURCE OF INCOME**

Cost: £100

Sadaqah, Zakat & Lillah can be given



PASSENGER BICYCLE PROJECT

Enabling Economic Empowerment

The programme provides a kick start to individuals by providing an adapted passenger bicycle which enable the individual to earn a living by using it as a passenger taxi.



**HELP PROVIDE A FAMILY WITH RELIABLE
SOURCE OF INCOME**

Cost: £100

Sadaqah, Zakat & Lillah can be given



FISHING BOAT PROJECT

Enabling Economic Empowerment

This is new initiative launched this year by MRF.

Small-scale fisheries contribute significantly to food security and income of many people in Malawi.

Providing them with fishing boats will enable the fisherman to improve their potential to earn a livelihood.

**HELP PROVIDE A FAMILY WITH RELIABLE
SOURCE OF INCOME**

Cost: £550

Sadaqah, Zakat & Lillah can be given



SHUKRAN ORPHANAGE

Improving Life Chances For Orphans

Shukran Orphanage is our flagship project where we provide a caring and supporting living environment for 60 children. The children are provided with secular and religious education and support with their physical, social, emotional and spiritual development.

This year we have started a primary school at the complex to ensure the children receive the best standard of education.

Our aim is to ensure each child is inspired and supported to fulfil their full potential.

- Malawi has over 1 Million Orphans.
- Only 6% of Orphans receive any medical support;
- 7 out of 10 child deaths are due to preventable causes such as malaria, diarrhoea, pneumonia, malnutrition;
- 1 in 3 orphans fail to start even primary education, which is free in Malawi.

HELP RAISE AND SUPPORT AN ORPHAN TO LIVE WITH DIGNITY AND HOPE.

Funds donated to this project will support Orphans in Malawi

Sadaqah, Zakat & Lillah can be given



Improving Living Conditions By Building Decent Homes

Almost 82 % of the population live in rural areas, Most of people continue to live in sub-standard mud houses, many without protection against the elements.

Over 80% of the population don't have access to WC's. Our shelter programme will also aim to provide WC's and washrooms

Our ambitious plan is to build 2,000 decent homes over the next few years to improve the living conditions, improve sanitation and access to clean water.

HELP IMPROVE LIVING CONDITIONS BY PROVIDING A NEW HOME

We have built over 1,200 new homes.

Cost: £900 per house
£200 for washroom and WC

Sadaqah, Zakat & Lillah can be given



COMMUNITY COMPLEX

Developing Communities

Most communities in Rural areas are isolated from support services. Our concept of developing a community complex comprising of a Masjid, a learning block which is used for madrassah, adult learning, women development programmes, and a nursery to serve the local community creates a local hub for community engagement and development

We also provide a borehole which provides access to clean water for the local community in the surrounding villages.

The complexes are used to support our humanitarian aid including distribution of food, farmers packs as well as community and training programmes. This ensures the centres are well used.

HELP EMPOWER AND DEVELOP THE LOCAL COMMUNITY

We have created 35 community hubs.
Including masjid, Learning block and teachers house

Contact the MRF team for further details to sponsor a masjid or madrassah

Only Lillah can be given



Developing Communities

Most of the Rural masjids don't have much by way of floor covering.

Our programme to provide mussalahs for the rural masjids using PVC cushioned mats which will ensure that the community will have a clean and appropriate place of worship.

The prayer mats are easy to clean and wash to suit the rural environment.

Donate a mussalah as a sadaqah-e-jariah

HELP IMPROVE THE MASJID

Musallah £2.50 each, £75 per saf or £250 for the Masjid

Only Lillah can be given

Also donate a gift pack which has a tasbeeh and burkhi or cap.

£3 for each gift pack for 4 gift packs for £10



Tackling Hunger Feeding The Poor

Iftar Packs: As part of our programmes to address food insecurity, the Iftar food packs provide families with much needed food during this blessed month.

Masjid Iftaris: provide cooked meals prepared by the locals at the masjid for a collective Iftari for on Average 40 – 50 people

This is a great program which encourages the local people from the villages to participate in the preparation of the meals and to join in the collective festive meal at Iftari time.

HELP TO FEED THE HUNGRY AND PROVIDE THREE MILLION MEALS

We provided food packs to 58,000 families (equating to 4.6 million meals) and provided 140,000 cooked meals During Ramadhan

Cost: £25 per pack

Masjid Iftar: £10 per day or £300 for the month

Zakat, Sadaqah & Lillah can be given



Tackling Hunger Feeding The Poor

As promised, last year we once again delivered your Sadqatul Fitr before Eid Day.

The Eid Hampers with basic essential are distributed in rural villages before Eid Day so they too can enjoy this happy and auspicious occasions.

To ensure the Eid Packs reach the needy before Eid Day donate your Sadaqat-ul Fitr before 26th Ramadhan.

HELP MAKE EID A JOYOUS FESTIVE DAY BY DONATING AN EID HAMPER.

Last year we donated 10,000 Eid Packs

Cost: £10 per pack

Zakat, Sadaqah & Lillah can be given



Bringing a Smile With Gifts for Children

The Eid Gifts Programme ensures the children can also look forward to enjoying and celebrating the blessed day of Eid.

This wonderful gift brings much joy and happiness for as little as £2.50.



MAKE A CHILD HAPPY WITH A SMALL GIFT.

Last year we distributed 20,000 Eid gifts

Cost: £2.50

Zakat, Sadaqah & Lillah can be given



QURBANI

Sadaqah and Aqeeqah

Providing Meat To The Poor.

Our Qurbani programme is well organised and reaches out to many poor families and individuals in the most remote areas at this festive time.

For many Malawians meat is a luxury they cannot afford they very much look forward to this festive season.

We also undertake sadaqahs and aqeeqah to meet your requirements. Contact our team to discuss.

HELP TO FEED THE HUNGRY AND DISCHARGE YOUR QURBANI

We provided qurbani meat to 5,500 families.

Cost: £35 per goat



DIRECT SUPPORT PROGRAMME

Supporting the poor and Vulnerable

The objective of our Direct Support Programme (DSP) is to reduce poverty and hunger among ultra-poor households living in some of the remotest villages.

The programme forms part of our social protection strategy which also includes support for the beneficiaries through other interventions such as farming input subsidy, education support, etc.

The householders are provided with a pack every month including food and daily essentials and at times money.

HELP TO FEED THE POOR AND RELIEVE POVERTY

Supporting 150 households very month

Cost: £20 monthly cost

Zakat, Sadaqah and Lillah can be given



2019-2020 AT A GLANCE

- Built 365 new houses
- Built 15 new community hubs
- Provided 200 water wells and 8 boreholes
- Carried out 7,300 cataract operations
- Provided 25 rural ambulances
- Provided 25 tricycles and wheelchairs for the disabled
- Distributed 10,000 blankets to families
- Provided 68,000 food packs to families
- Supported 200 women provided training and development
- 226 graduates scholarships for degree programmes
- 100 bicycles for taxi and goods
- 5 fishing boats provided
- Sponsored 100 scholarships for teacher training
- Sponsored 280 students supported for vocational training
- Sponsored 300 children secondary school bursary
- Delivered 9,550 farmers packs
- Supported 60 with 120 goats
- Supported 150 householders on the monthly direct support programme
- Provided 150 children with nursery
- Built the first islamic library
- Delivered 1,000 qurbanis
- Looked after 56 children at our shukran orphanage
- Provided access to clean water to 10,000 people

Financial: At Year End

Income Generated:

£2,718,854

Expenditure on projects:

£2,457,074

SMALL GIFTS
THAT MAKE A
BIG
DIFFERENCE

Iftaar Pack
£25

Eid Pack
£10

Covid
Appeal
£10

Education
£10

Masjid
Musallah
£2.50

Burkhi/Cap
& Tasbeeh
£3 each
or
4 sets for £10

How to Donate:

1. **By Post:** Malawi Relief Fund UK, 63-65 Victoria Street, Blackburn, BB1 6DN
2. **Bank Transfer:** Natwest Bank, Account Number 14210959 Sort code: 01-00-85
3. **Donation Point:** 63-65 Victoria Street, Blackburn, BB1 6DN
4. **Online at:** www.malawirelief.org
5. **By Phone:** Contact one of the persons listed below

BANK TRANSFER

Bank Name: Natwest Bank
Account Number: 14210959
Sort code: 01-00-85

Reference:
Donor Name and Donation Type

DONATION POINT



63-65 Victoria Street, Blackburn,
BB1 6DN

ONLINE

@
malawirelief.org

Please donate generously as a means of
sadaqa-e-jariah for you and your family.

Remember to Increase Your Donation by 25%
Simply Complete the Gift Aid Declaration

Contact one of the persons listed below:

Leicester

Iqbal Lambat 07886275325
Shaukat Patel (Onyx) 07702333933

Manchester

Musa Dhudha 0161 8720197
Zunaid Chunara 0781 7517958

Batley/Dewsbury

Qari Ismail Makda 01924 444250
Maulana Habil 01924 477828
Hashim Valli 07984 478677

Bolton

Yusuf Mangera 07866 019239
Gaffar Patel 07801 819701
Ibrahim Dakri 07933 805085
Altaf Limbada 07834 269553

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